

# Curriculum Vitae

## Rebecca A. Cobb

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### EDUCATION

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| Ph.D. 2014 | Marriage and Family Therapy<br>Florida State University (FSU)<br>Tallahassee, FL   |
| M.S. 2009  | Child Development and Family Studies<br>Marriage and Family Therapy Specialization<br>Purdue University Calumet (PUC)<br>Hammond, IN |
| B.S. 2005  | Psychology<br>Westmont College<br>Santa Barbara, CA  |

### PROFESSIONAL CREDENTIALS

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| 2017 | AAMFT Certificate in Leadership  |
| 2015 | AAMFT Approved Supervisor (Member ID #123509)  |
| 2014 | Licensed Marriage and Family Therapist, Washington<br>(License No. LF 60471759)  |
| 2014 | Certificate, Educational Measurement and Statistics, Department of<br>Educational Psychology and Learning Systems, FSU |
| 2009 | Certified Trainer, <i>Within My Reach</i> , PREP Inc.  |
| 2008 | EMDR Level I Trained, <i>EMDR Institute</i>  |

### PROFESSIONAL EXPERIENCE

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- 2023-Present **Clinical Professor**, Master of Arts in Couples and Family Therapy, College of Arts and Sciences, Seattle University (SU)
- Instructor of record and responsible for all aspects of teaching the following graduate courses:
    - MCFT 5500: Family Therapy Theories
    - MCFT 5550: Clinical I

- MCFT 5560: Clinical II
- MCFT 5570: Clinical III
- MCFT 5720: Systemic Assessment and Conceptualization

- 2022-2023     **Associate Clinical Professor / Clinical Coordinator**, Master of Arts in Couples and Family Therapy, College of Arts and Sciences, Seattle University (SU)
- Responsible for oversight and management of clinical placements for students in the Master of Arts in Couples and Family Therapy Program.
  - Instructor of record and responsible for all aspects of teaching the following graduate courses:
    - MCFT 5500: Family Therapy Theories
    - MCFT 5560; Clinical II
    - MCFT 5570: Clinical III
- 2015-2022     **Assistant Clinical Professor / Clinical Coordinator**, Master of Arts in Couples and Family Therapy, College of Arts and Sciences (2021-2022) / School of Theology and Ministry (2015-2021), Seattle University (SU)
- Responsible for oversight and management of clinical placements for students in the Master of Arts in Couples and Family Therapy Program.
  - Instructor of record and responsible for all aspects of teaching the following graduate courses:
    - STMC 5230: Professional Ethics and Law
    - STMC/MCFT 5500: Family Therapy Theories
    - STMC/MCFT 5550: Clinical I
    - STMC/MCFT 5560: Clinical II
    - STMC/MCFT 5570: Clinical III
    - STMC/MCFT 5580: Clinical IV
    - STMC 5610: Career and Professional Development
    - STMC 5710: Psychopathology
    - STMC/MCFT 5750: Systems of Trauma Treatment
    - STMC 5690: Research Seminar
    - STMC 5760: Spiritually-Infused Systemic Child and Adolescent Treatment
    - MCFT 5760: Systemic Child and Adolescent Treatment
    - STMA 5960: Applied Research in CFT
    - STMA 5960: Qualitative Research in CFT
- 2014-2015     **Lecturer / Clinical Coordinator**, Master of Arts in Relationship and Pastoral Therapy, School of Theology and Ministry, Seattle University
- Responsible for oversight and management of clinical placements for students in the Master of Arts in Couples and Family Therapy Program.
  - Instructor of record and responsible for all aspects of teaching the following graduate courses:
    - STMC 5230: Professional Ethics and Law
    - STMM 5520: Family Systems in Ministry

- STMC: Clinical I
- STMC: Clinical IV
- STMC 5610: Career and Professional Development
- STMC 5710: Psychopathology
- STMC: Systems of Trauma Treatment
- STMC 5690: Research Seminar

2009-2014 **Graduate Teaching Assistant**, Family and Child Sciences, FSU  
*Supervisor: Kay Pasley, Ed.D.*

- Taught 10 discussion sections accompanying FAD 2230 with a manualized psychoeducation program as part of a 5-year federally funded program to develop a national model for relationship education.
- Instructor of record and responsible for all aspects of teaching 11 sections total of the following undergraduate courses:
  - FAD 2230: Family Relationships: A Lifespan Development
  - FAD 3271: Ecological Contexts for Individual and Family Development
  - FAD 4601: Foundations of Counseling

2006-2009 **Graduate Teaching Assistant**, Behavioral Sciences, PUC  
*Supervisor: Michael Flanery, Ph.D.*

- Instructor of record and responsible for all aspects of teaching 8 sections total of the following undergraduate courses:
  - PSY 120: Elementary Psychology (*also developed and taught as a distance learning course*)
  - PSY 349: Psychology of Women
  - PSY 350: Abnormal Psychology
  - PSYC 362: Human Development II: Adolescence

2008-2010 **Project Manager**, Geminus Corporation, Merrillville, IN  
*Supervisor: Ann Vasquez*

- Conducted research to assess drug use, mental health, and family dynamics of East Chicago residents for a project funded by a Strategic Prevention Framework State Initiative grant (funded through SAMHSA).
- Wrote annual epidemiological report and presented findings to local agencies.

2007 **Project Manager**, PUC  
*Supervisor: Dave Nalbone, Ph.D.*

- Conducted countywide research and survey to identify strengths and weaknesses in provision of domestic violence victim services.
- Made recommendations to Lake County Sheriff's Department for improvement of services.

2005-2006 **Editorial Assistant**, *The International Journal for the Psychology of Religion* (IJPR), Santa Barbara, CA  
*Supervisor: Raymond Paloutzian, Ph.D.*

- Assisted the editor with journal publications, maintained contact with authors and reviewers, and performed administrative duties as needed.
- 2005-2006    **Office Administrator**, Psychology Department, Westmont College  
*Supervisor:* Thomas Fikes, Ph.D.
- Recorded and filed data (e.g., documentation for program review, budget requests).
  - Maintained the department's website and calendars.
  - Planned and organized student workshops and other events.
  - Supervised student employees and assistant secretary.
- 2005        **Assistant Secretary**, Westmont College, Department of Psychology  
*Supervisor:* Brenda Smith, Ph.D.
- Welcome visitors and assist students
  - Assist professors in preparing class materials
- 2004-2006    **Personal Care Staff**, Devereux Foundation, Goleta, CA  
*Supervisor:* Amy West
- Provided support and assistance in a residential setting to adults diagnosed with developmental disabilities and psychological disorders.

## **COUNSELING EXPERIENCE**

- 2016-Present    **Therapist and Therapy Supervisor**, Dr. Rebecca Cobb, PLLC, Seattle, WA
- Perform individual, couple, and family therapy within a personally owned and maintained private practice setting
  - Perform individual and group supervision to LMFTAs seeking full licensure
  - Perform mentoring to AAMFT Approved Supervisor candidates
- 2012-2014    **Therapist**, Family Counseling Services, DISC Village, Tallahassee, FL  
*Supervisors:* Daniel Lettenberger-Klein, M.S., Larry Barlow, Ph.D., & Wayne Denton, M.D., Ph.D.
- Performed individual, couple, and family therapy.
- 2009-2013    **Therapist Intern**, FSU Center for Couple and Family Therapy, Tallahassee, FL  
*Supervisors:* Lenore McWey, Ph.D., & Larry Barlow, Ph.D.
- Performed individual, couple, and family therapy.
- 2011        **Therapist Intern**, Lee's Place, Tallahassee, FL  
*Supervisors:* Brenda Rabalais, Ph.D., Lenore McWey, Ph.D., & Larry Barlow, Ph.D.
- Performed individual and family therapy with adults and children coping with grief, loss, and trauma.
- 2008-2009    **Therapist Intern**, Samaritan Counseling Center, Munster, IN

*Supervisors:* Mark Killmer, M.Div., Psy.D., Lorna Hecker, Ph.D., Joseph Wetchler, Ph.D., & Jennifer McComb, Ph.D.

- Performed individual, couple, and family therapy at Christian Community Action's Spring Valley Homeless Shelter.

- 2007      **Therapist Intern**, PUC's Couple and Family Therapy Center, Hammond, IN  
*Supervisors:* Lorna Hecker, Ph.D., Joseph Wetchler, Ph.D., & Jerome Berick, M.S.W.
- Performed individual, couple, and family therapy.
  - Performed substance abuse and anger management group therapy.

## PUBLICATIONS

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**Cobb, R. A.** (Ed.). (in progress). *The therapist's notebook for teletherapy with children and adolescents: Creative interventions for effective online therapy*. Routledge.

**Cobb, R. A.** (in press). Making choices and using my "one": A toddler's bedtime routine. In E. Ramsey (Ed.) *Wisdom for Parents: Key Ideas from Parent Educators* (2nd ed.). National Council on Family Relations.

Eppler, C., & **Cobb, R. A.** (in press). A story of systemic resilience. In L. Kelly, G. MacMillan, & W. Maley (Eds.) *Outlander and Scotland: The Way, the Truth, the Life*. Luath Press.

**Cobb, R. A.** (Ed.). (2024). *The therapist's notebook for systemic teletherapy: Creative interventions for effective online therapy*. Routledge.

**Cobb, R. A.** (2024). Digital play genograms. In R. A. Cobb (Ed.) *The therapist's notebook for systemic teletherapy: Creative interventions for effective online therapy*. Routledge.

**Cobb, R. A.** (2024). Stacking the deck: A strategic approach to the Ungame. In R. A. Cobb (Ed.) *The therapist's notebook for systemic teletherapy: Creative interventions for effective online therapy*. Routledge.

**Cobb, R. A.**, Brownell, S., Camera, S. J., & Chapin, C. (2024). Virtual reflecting team: A Milan approach to teletherapy intervention. In R. A. Cobb (Ed.) *The therapist's notebook for systemic teletherapy: Creative interventions for effective online therapy*. Routledge.

**Cobb, R. A.**, & Willis, M. (2024). Teletherapist self-care assessment. In R. A. Cobb (Ed.) *The therapist's notebook for systemic teletherapy: Creative interventions for effective online therapy*. Routledge.

Eppler, C., Bermúdez, J. M., & **Cobb, R. A.** (2024). Virtual altar-making for grief and loss. In R. A. Cobb (Ed.) *The therapist's notebook for systemic teletherapy: Creative interventions for effective online therapy*. Routledge.

Florian, J., & **Cobb, R. A.** (2024). Migration journeys: Increasing bonds with shared stories and

- geographical maps. In R. A. Cobb (Ed.) *The therapist's notebook for systemic teletherapy: Creative interventions for effective online therapy*. Routledge.
- Leal, T. A., Downes, M. P., & Cobb, R. A. (2024). Teletherapy poetry. In R. A. Cobb (Ed.) *The therapist's notebook for systemic teletherapy: Creative interventions for effective online therapy*. Routledge.
- Reynolds, L. R., Springer, P. R., Taylor, N. C., Bischoff, R. J., & Cobb, R. A. (2024). Building therapeutic relationships via teletherapy. In R. A. Cobb (Ed.) *The therapist's notebook for systemic teletherapy: Creative interventions for effective online therapy*. Routledge.
- Ström, E. L., & Cobb, R. A. (2024). Confidentiality in systemic teletherapy. In R. A. Cobb (Ed.) *The therapist's notebook for systemic teletherapy: Creative interventions for effective online therapy*. Routledge.
- Willis, M., & Cobb, R. A. (2024). Self-care tips and tricks for online therapists. In R. A. Cobb (Ed.) *The therapist's notebook for systemic teletherapy: Creative interventions for effective online therapy*. Routledge.
- Cobb, R. A., & Eppler, C. (2024). Beyond self-care: Intentional practices of resilient therapists. In C. Eppler (Ed.), *Cultivating systemic resilience in therapy: Applications and interventions for families, relationships, and individuals*. Routledge.
- Eppler, C., Cobb, R. A., Bien, S., & Wright, T. (2021). Integrating Buddhist-informed interventions into narrative family therapy. *Journal of Systemic Therapies*, 40, 67-81.
- Eppler, C., Cobb, R. A., Bien, S., & Wright, T. (2021). Epistemological intersections of Buddhism and narrative family therapy. *Journal of Systemic Therapies*, 40, 80-92.
- Eppler, C., Cobb, R. A., & Wilson, E. E. (2020). Multifaith perspectives on family therapy models. *Journal of Family Psychotherapy*, 31, 1-35.
- Cobb, R. A., & Theriault, E. (2019). American Indian and Alaskan Native death culture: Culturally appropriate practices for working with bereaved families. In B. Counselman-Carpenter & A. Redcay (Eds.), *Working with grief and traumatic loss: Theory, practice, personal self-care and reflection for clinicians*. Cognella.
- Cobb, R. A., Priest, J. B., & Strachan, T. B. (2017). Spirituality and religion. In M. J. Murphy & L. Hecker (Eds.), *Ethics and professional issues in couple and family therapy* (2nd ed., pp. 163-182). Routledge.
- Cobb, R. A. (2017). A review of "10 Principles for Doing Effective Couples Therapy." *Journal of Couple and Relationship Therapy*, 16, 165.

- Baker, L. R., **Cobb, R. A.**, McNulty, J. K., Lambert, N. M., & Fincham, F. D. (2016). Remaining in a situationally aggressive relationship: The role of relationship self-efficacy. *Personal Relationships*, 23, 591-604.
- Cobb, R. A.**, DeWall, C. N., Lambert, N. M., & Fincham, F. D. (2013). Implicit theories of relationships and close relationship violence: Does believing your relationship can grow relate to lower perpetration of violence? *Personality and Social Psychology Bulletin*, 39, 279-290.
- Cobb, R. A.**, Halstead, R. O., & Kmitta, K. (2013). What I look like: Outside and inside the box. In J. Chang (Ed.), *Creative interventions with children: A transtheoretical approach*. Family Psychology Press.
- Negash, S., & **Cobb, R. A.** (2013). Altered book making with children. In J. Chang (Ed.), *Creative interventions with children: A transtheoretical approach*. Family Psychology Press.
- Priest, J. B., Edwards, A. B., Wetchler, J. L., Gillotti, C. M., **Cobb, R. A.**, & Walsh, C. E. (2012). An exploratory evaluation of the Cognitive-Active Gender Role Identification Continuum. *The American Journal of Family Therapy*, 40, 152-168.
- Cobb, R. A.** (2011). A review of "Not 'Just Friends': Rebuilding Trust and Recovering Your Sanity After Infidelity." *Journal of Couple and Relationship Therapy*, 10, 279-280.
- Cobb, R. A.**, & Negash, S. (2010). Altered book making as a form of art therapy: A narrative approach. *Journal of Family Psychotherapy*, 21, 54-69.
- Cobb, R. A.**, Walsh, C. E., & Priest, J. B. (2009). The Cognitive-Active Gender Role Identification Continuum. *Journal of Feminist Family Therapy*, 21, 77-97.
- Priest, J. B., **Cobb, R. A.**, Vasquez, A. M., Lopez, G. P., Morris, C., Sutherland, T., & Cavazos, R. (2009). *Consumption and consequences of cocaine and other drugs in East Chicago, Indiana: A local epidemiological profile*. Geminus Corporation.

## MAGAZINE & NEWS ARTICLES

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- Cobb, R. A.** (2022, May/June). Reimagining the application of systems theory via teletherapy interventions. *Family Therapy Magazine*. American Association for Marriage and Family Therapy.
- Cobb, R. A.**, & Sampson, J. (2019, November). Mixed reality simulation training in Seattle MFT programs. *AAMFT Family Therap-eNews*.
- Cobb, R. A.**, & Sampson, J. (2019, November). Mixed reality simulation training in Seattle MFT programs. *Washington Association for Marriage and Family Therapy eNews*.

- Cobb, R. A.** (2019, June). WAMFT student member featured in the Seattle Times. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2018, December). Outstanding volunteer service in couples and family therapy. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2018, October). Proposed WAMFT bylaws revisions. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2018, July). Family of systems theories. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, May). Mentor Day. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, December). WAMFT year in review. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, December). Board member highlight: Rebecca Cobb. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, December). Board report. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, October). Celebration of the WAMFT conference reimagined. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, October). Board report. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, September). Board report. *Washington Association for Marriage and Family Therapy eNews*.
- Wiggins, T., & **Cobb, R. A.** (2017, August). Board report. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, July). AAMFT's divisional contribution award. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, July). Board report. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, June). AAMFT's 2017 Bylaws Vote. *Washington Association for Marriage and Family Therapy eNews*.



- Cobb, R. A.** (2017, June). Board report. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, May). WAMFT and AAMFT cosponsor Mentor and Emerging Professionals Day. *AAMFT Family Therap-eNews*.
- Cobb, R. A.** (2017, May). Mentor and Emerging Professionals Day. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, May). Board report. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2011, Fall). EMDR: A form of therapy for trauma. *The Lee's Place Report: A Nonprofit Grief and Loss Counseling Center*.

## **PROFESSIONAL PRESENTATIONS**

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- Cobb, R. A.** (2024). *Beyond self-care: Therapist Resilience*. Paper to be presented at the annual meeting of the National Council on Family Relations, Seattle, WA.
- Cobb, R. A.** (2024). *Digital play genograms*. Paper to be presented at the annual meeting of the National Council on Family Relations, Seattle, WA.
- Cobb, R. A.** (2024). *Stacking the deck: A strategic approach to the Ungame in teletherapy intervention*. Paper to be presented at the annual meeting of the National Council on Family Relations, Seattle, WA.
- Cobb, R. A., Leal, T. A., & Uppal, S.** (2024). *Developing creative teletherapy interventions*. Poster to be presented at the annual meeting of the National Council on Family Relations, Seattle, WA.
- Uppal, S., & **Cobb, R. A.** (2024). *Creative teletherapy interventions that honor Indian culture*. Poster to be presented at the annual meeting of the National Council on Family Relations, Seattle, WA.
- Leal, T. A., Wang, Y., & **Cobb, R. A.** (2024). *The creative use of poetry interventions in teletherapy: "Where I'm From."* Poster presented at the annual meeting of the Washington Association for Marriage and Family Therapy, Tacoma, WA.
- Cobb, R. A.** (2024). *Creative teletherapy interventions for children, adolescents, and families*. Paper presented at the annual meeting of the Washington Association for Marriage and Family Therapy, Tacoma, WA.
- Eppler, C., & **Cobb, R. A.** (2023). *Outlander: Threads of resilience*. Paper presented at the annual meeting of the Outlander Conference, Glasgow, Scotland.

- Cobb, R. A.,** Brownell, S., Camera, S., Chapin, C., Eppler, C., & Rogge, M. (2021). *The virtual reflecting team: A Milan approach to systemic teletherapy intervention*. Paper presented at the annual meeting of the Washington Association for Marriage and Family Therapy, Seattle, WA.
- Eppler, C., & **Cobb, R. A.** (2021, March 11-12). *MFT as leader* [Conference presentation]. American Association for Marriage and Family Therapy Leadership Symposium.
- Cobb, R. A.,** Maricielo, S., Moran, S., & Quintinita, M. (2020, September). *Creative teletherapy interventions with youth and families*. Paper presented at the annual meeting of the Washington Association for Marriage and Family Therapy, Seattle, WA.
- Cobb, R. A.** (2020, September). *Self-care tune up for therapists in the midst of trauma*. Paper presented at the annual meeting of the Washington Association for Marriage and Family Therapy, Seattle, WA.
- Anderson, K., Odell, S., & **Cobb, R. A.** (2019, September). *MFTs as practitioners and advocates of telehealth*. Paper presented at the annual meeting of the Washington Association for Marriage and Family Therapy, Seattle, WA.
- Laughlin, C. F., Rusca, K., & **Cobb, R. A.** (2019, September). *Vicarious resilience in narrative couples therapy with childhood sexual abuse survivors*. Paper presented at the annual meeting of the Washington Association for Marriage and Family Therapy, Seattle, WA.
- Cobb, R. A.,** & Wiggins, T. (2019, March). *Yes, no, and when to let go: Strategic career development for family therapists*. Paper presented at the American Association for Marriage and Family Therapy Leadership Symposium, Arlington, VA.
- Cobb, R. A.,** & Wiggins, T. (2018, March). *Building connections for strategic governance: A collaborative networking approach*. Paper presented at the American Association for Marriage and Family Therapy Leadership Symposium, Seattle, WA.
- Cobb, R. A.** (2017, November). *The Gottman method and Bowen's theory: An integrative approach to couples therapy*. Family therapy roundtable symposium presented at the annual meeting of the National Council on Family Relations, Orlando, FL.
- Williams, N., Nalbone, D., Murphy, M., & **Cobb, R. A.** (2017, November). *African American discipline experience and conflict management in adulthood*. Poster presented at the annual meeting of the National Council on Family Relations, Orlando, FL.
- Eppler, C., **Cobb, R. A.,** & Chilivis, N. (2017, October). *Interfaith perspectives on family therapy theory*. Workshop presented at the annual meeting of the American Association for Marriage and Family Therapy, Atlanta, GA.

- Eppler, C., & **Cobb, R. A.** (2017, September). *Culture, faith, and film in family therapy*. Paper presented at the annual meeting of the Washington Association for Marriage and Family Therapy, Seattle, WA.
- Cobb, R. A.**, & Morgan, A. (2017, March). *Supervision collaboration in MFT training: University and agency best practice guidelines*. Paper presented at the annual meeting of the International Family Therapy Association, Malaga, Spain.
- Bradley, K., & **Cobb, R. A.** (2016, September). *Ethical considerations for MFT-clergy collaboration*. Paper presented at the annual meeting of the American Association for Marriage and Family Therapy, Indianapolis, IN.
- Cobb, R. A.** (2016, March). *Couples treatment for intimate partner violence: An experimental survey of MFTs*. Paper presented at the annual meeting of the International Family Therapy Association, Kona, HI.
- Cobb, R. A.** (2015, November). *MFTs' endorsement of couples treatment for intimate partner violence*. Poster presented at the annual meeting of the National Council on Family Relations, Vancouver, BC, Canada.
- Cobb, R. A.**, Okafor, E. S., Schwab, E. T., & Scott, J. C. (2014, March). *The ethical use of social media in #MarriageandFamilyTherapy: Suggested guidelines*. Paper presented at the annual meeting of the International Family Therapy Association, Panama City, Panama.
- Baker, L. R., **Cobb, R. A.**, Lambert, N. M., Fincham, F. D., & McNulty, J. K. (2014, February). *Relationship self-efficacy prevents intimates from ending abusive relationships*. Poster presented at the annual meeting of the Society for Social and Personality Psychology, Austin, TX.
- Cobb, R. A.**, DeWall, C. N., Lambert, N. M., & Fincham, F. D. (2012, March). *Does believing your relationship can grow relate to lower perpetration of violence?* Poster presented at the annual meeting of the International Family Therapy Association, Vancouver, BC, Canada.
- Cobb, R. A.**, Lambert, N. M., Baker, L. R., Fincham, F. D., & McNulty, J. K. (2011, November). *When believing in your relationship hurts: Relationship efficacy and IPV*. Paper presented at the annual meeting of the National Council on Family Relations, Orlando, FL.
- Priest, J. B., Edwards, A. B., Wetchler, J. L., Gillotti, C. M., **Cobb, R. A.**, & Walsh, C. E. (2011, March). *Gender roles in couples therapy: Evaluating the CAGRIC model*. Paper presented at the annual meeting of the International Family Therapy Association, Noordwijkerhout, the Netherlands.

- Cobb, R. A.,** Nalbone, D. P., Hecker, L. L., & Casanova, G. M. (2011, March). *Impact of interparental violence and gender role identification on adult IPV*. Poster presented at the annual meeting of the International Family Therapy Association, Noordwijkerhout, the Netherlands.
- Cobb, R. A.,** Nalbone, D. P., Hecker, L. L., & Casanova, G. M. (2010, November). *Influence of interparental violence on gender identity and intimate partner violence*. Paper presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.
- Fortner, L., Olmstead, S., **Cobb, R. A.,** Pilkington, S., & Pasley, K. (2010, November). *College students and contraception: Deciding, using, and discussing*. Poster presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.
- Cobb, R. A.,** DeWall, C. N., Lambert, N. M., & Fincham, F. D. (2010, October). *Does believing your relationship can grow relate to lower perpetration of violence?* Poster presented at the annual meeting of the Society of Southeastern Social Psychologists, Charleston, SC.
- Cobb, R. A.,** Nalbone, D. P., & Hecker, L. L. (2010, September). *Parental IPV, gender identity, and personal IPV*. Poster presented at the annual meeting of the American Association for Marriage and Family Therapy, Atlanta, GA.
- Priest, J. B., **Cobb, R. A.,** & Roberts, K. D. M. (2009, November). *The influence of gender role identification on intrapersonal and interpersonal sexual satisfaction: Implications for therapy*. Poster presented at the annual meeting of the National Council on Family Relations, San Francisco, CA.
- Roberson, P. N. E., & **Cobb, R. A.** (2009, November). *Guidelines for providing expert witness testimony as a marriage and family therapist*. Poster presented at the annual meeting of the National Council on Family Relations, San Francisco, CA.
- Cobb, R. A.,** & Negash, S. (2009, April). *Altered book making in family therapy*. Poster presented at the semi-annual meeting of the Indiana Association for Marriage and Family Therapy, Indianapolis, IN.
- Priest, J. B., **Cobb, R. A.,** & McNally, C. E. (2008, November). *The Cognitive-Active Gender Role Identification Continuum*. Poster presented at the annual meeting of the National Council on Family Relations, Little Rock, AR.
- Cobb, R. A.,** McNally, C. E., Priest, J. B., & Wetchler, J. L. (2008, October). *The Cognitive Active Gender Role Identification Continuum*. Poster presented at the annual meeting of the American Association for Marriage and Family Therapy, Memphis, TN.
- Cobb, R. A.,** McNally, C. E., & Priest, J. B. (2008, May). *The Cognitive-Active Gender Role Identification Continuum*. Poster presented at the semi-annual meeting of the Indiana Association for Marriage and Family Therapy, Indianapolis, IN.

- Cobb, R. A., Priest, J. B., & Roberts, K. D. M.** (2008, May). *The influence of gender role identification on intrapersonal and interpersonal sexual satisfaction: Implications for therapy*. Poster presented at the semi-annual meeting of the Indianan Association for Marriage and Family Therapy, Indianapolis, IN.
- Cobb, R. A., & Roberson, P. A.** (2007, April). *Guidelines for providing expert witness testimony as a marriage and family therapist*. Poster presented at the semi-annual meeting of the Indiana Association for Marriage and Family Therapy, Indianapolis, IN.

## INVITED TALKS

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- Cobb, R. A.** (2025). *Getting digital: Online therapy intervention*. Invited talk to be presented at Integrated Therapy Services NW, University Place, WA.
- Cobb, R. A.** (2024). *Creative use of genograms in online therapy*. Invited talk to be presented at the Center for Mental Health Excellence.
- Cobb, R. A.** (2024). *Moksha Patam: An Adaptation of an Ancient Indian Game for Culturally Relevant Teletherapy Intervention*. Invited talk to be presented at the Raman Family Faculty Grant Symposium, Seattle University, Seattle, WA.
- Cobb, R. A.** (2023, May). *Rupture and repair in clinical supervision*. Continuing education training sponsored by the Couples and Family Therapy Program at Seattle University, Seattle, WA.
- Smith, L., & **Cobb, R. A.** (2022, April). *Decolonizing family therapy supervision*. Continuing education training sponsored by the Couples and Family Therapy Program at Seattle University, Seattle, WA.
- Cobb, R. A., & Fitzpatrick, M.** (2021, April). *Ethics and supervision* [Paper presentation]. Washington Association for Marriage and Family Therapy Spring Ethics Series.
- Cobb, R. A., & Fitzpatrick, M.** (2020, October). *Trauma informed supervision pre- and post-election*. Continuing education training sponsored by the Couples and Family Therapy Program at Seattle University, Seattle, WA.
- Cobb, R. A.** (2019, November). *Ethical dilemmas in clinical supervision*. Continuing education training sponsored by the Couples and Family Therapy Program at Seattle University, Seattle, WA.
- Cobb, R. A.** (2019, November). *Transgenerational family therapy theories*. Invited talk at the Washington Association for Marriage and Family Therapy's Pre-Clinical Networking Event, Tacoma, WA.
- Cobb, R. A.** (2019, May). *Systemic solution focused therapy*. Invited talk for Family Systems, College of Education, Seattle University, Seattle, WA.

- Cobb, R. A.** (2018, November). *Critical cases in clinical supervision*. Continuing education training sponsored by the Couples and Family Therapy Program at Seattle University, Seattle, WA.
- Cobb, R. A., & Wiggins, T.** (2018, May). *Collaborative networking for emerging professionals: MFT career development*. Invited talk at the Washington Association for Marriage and Family Therapy's annual Mentor Day, Seattle, WA.
- Cobb, R. A., & Finley, M.** (2018, April). *Marriage and family therapy mentoring roundtable*. Invited talk at the annual meeting of the Northwest Council on Family Relations, Ellensburg, WA.
- Cobb, R. A.** (2018, February). *Adolescence and family systems*. Invited talk for Adolescent Development, Psychology Department, Seattle University, Seattle, WA.
- Cobb, R. A.** (2018, February). *Partnering with intentionality*. Invited talk for Lifespan Development, Psychology Department, Seattle University, Seattle, WA.
- Ahn, L., **Cobb, R.**, Day, A., Dungca, Z., Ellsworth, C., Elmore, L., Fitzpatrick, M., Fox, S., Jaimes, K., McBride, K., Pang, A., Reed, M., Sampson, J., Schwab, E., Wiggins, T., & Winther, T. (2018, May). *Mentor Day panel discussion*. Invited talk at the Washington Association for Marriage and Family Therapy's annual Mentor Day, Seattle, WA.
- Cobb, R. A., Kelley-Petersen, D., & Bujanda, F.** (2017, December). *Self of the therapist ethics in clinical supervision*. Continuing education training sponsored by the Couples and Family Therapy Program at Seattle University, Seattle, WA.
- Cobb, R. A., Kelley-Petersen, D., & Unsworth, L.** (2017, May). *Supervising MFT interns for professional success*. Continuing education training sponsored by the Couples and Family Therapy Program at Seattle University, Seattle, WA.
- Cobb, R. A., & Walls, L.** (2017, May). *A transformative journal: Shinnyo-en lantern floating Hawaii*. Invited talk sponsored by the Shinnyo-en Foundation and the School of Theology and Ministry at Seattle University, Seattle, WA.
- Cobb, R. A.** (2017, April). *Self-care: An evidence-based practice*. Paper presented at the American Association for Marriage and Family Therapy and the Washington Association for Marriage and Family Therapy's Mentor and Emerging Professionals Day, Seattle, WA.
- Appling, J., **Cobb, R. A.**, Elmore, L., Fitzpatrick, M., Fox, S., Reed, M., Reeves, K., Rich, E., Saltzman, J., Sampson, J., Scales, J., Schwab, E., Toguchi, W., & Wiggins, T. (2017, April). *Mentor Day panel discussion*. Invited talk at the Washington Association for Marriage and Family Therapy's annual Mentor Day, Seattle, WA.

- Cobb, R. A.** (2017, February). *Domains of family practice: Marriage and family therapy*. Invited talk sponsored by the Family and Child Life Program, Central Washington University, Ellensburg, WA.
- Cobb, R. A., Ström, E., & Kelley-Petersen, D.** (2016, May). *Ethical and legal considerations in university-agency supervision collaboration*. Continuing education training sponsored by the Couples and Family Therapy Program at Seattle University, Seattle, WA.
- Brown, E., **Cobb, R. A.,** Eppler, C., Kelley-Peterson, D., Kolber, B., Moss, T., & Reeves, K. (2016, May). *Mentor Day panel discussion*. Invited talk at the Washington Association for Marriage and Family Therapy's annual Mentor Day, Seattle, WA.
- Ahmad-Rufai, L., Alvarado, K., **Cobb, R. A.,** El-Nil, T., Gardner, S., Nilon, C., Salem, F., Sasongko, N., Taylor, A., & Walls, L. (2015, May). *Lantern floating reflections and interfaith dialogue*. Invited talk sponsored by the Shinnyo-en Foundation, Honolulu, HI.
- Cobb, R. A.** (2015, April). *Artistic approaches in narrative therapy: Healing stories of faith and hope*. Invited talk at the annual meeting of the Washington Pastoral Counseling Association, Seattle, WA.
- Cobb, R. A.** (2015, April). *Tough talks: Interdisciplinary discussions regarding ethics around end-of-life*. Invited talk sponsored by the Graduate Student Council, Campus Ministry, and the Philosophy Club at Seattle University, Seattle, WA.
- Cobb, R. A.,** Beckstrom, A. C., Longyear, M., James, T., & Thakor, J. (2015, January). *Conversations on mortality*. Invited talk at Photo Center NW, Seattle, WA.
- Cobb, R. A.** (2012, March). *The ABCs of MFT*. Invited talk at EAGLE College Prep: South Mountain, Phoenix, AZ.
- Nalbone, D. P., & **Cobb, R. A.** (2007, December). *Lake County domestic violence victims: Survey results*. Invited talk at the Lake County (IN) Sheriff's Department Domestic Violence Workshop, Purdue University Calumet, Hammond, IN.
- Cobb, R. A., & Roberson, P. A.** (2007, March). *The marriage and family therapist as an expert witness*. Paper presented at the Graduate Student Scholarly Conference, Purdue University Calumet, Hammond, IN.

## **MEDIA APPEARANCES**

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- AAMFT Podcast. (2024, October). *Rebecca Cobb*. Alexandria, VA: American Association for Marriage and Family Therapy.
- Washington Association for Marriage and Family Therapy. (2020, December). *WAMFT historical film*. Short film produced by Grace Media Films, Spokane, WA.

Washington Association for Marriage and Family Therapy. (2019, September). Member highlight: Rebecca Cobb. *Washington Association for Marriage and Family Therapy eNews*.

Eppler, C. (2018). The resilient family therapist. *Family Therapy Magazine*. Alexandria, VA: American Association for Marriage and Family Therapy.

Rolph, A. (2018, January 19). If the news feels unbearable, stop and consider these coping strategies. *KUOW*.

Seattle University School of Theology and Ministry. (2017, May 21). Court ruling upholds therapists' right to diagnose. *Seattle Times*, p. J11.

Ahmad-Rufai, L., Alvarado, K., **Cobb, R. A.**, El-Nil, T., Gardner, S., Nilon, C., Salem, F., Sasongko, N., Taylor, A., & Walls, L. (2015, September). *Interfaith reflections: Hawaii lantern floating 2015*. Short film produced by the Shinnyo-en Foundation, San Bruno, CA.

## **SERVICE**

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### **BOARDS & COMMITTEES**

|           |  |
|-----------|--|
| 2023-2024 | <b>Co-coordinator</b> , Reimagine and Revise the Curriculum (RRC), SU                                    |
| 2023-2024 | <b>Member</b> , Grievance Committee, College of Arts and Sciences, SU                                    |
| 2023      | <b>Member</b> , Summer Faculty Research Fellowship Selection Committee, College of Arts and Sciences, SU |
| 2021-2022 | <b>Chair</b> , Elections Council, American Association for Marriage and Family Therapy (AAMFT)           |
| 2019-2021 | <b>Member</b> , Elections Council, AAMFT   |
| 2019      | <b>Member</b> , Elections Committee, Washington Association for Marriage and Family Therapy (WAMFT)      |
| 2018-2019 | <b>Chair</b> , WAMFT Bylaws Revision Taskforce   |
| 2018      | <b>Past President</b> , WAMFT Board of Directors   |
| 2018      | <b>Member</b> , Event Committee, Innocence Project Northwest, Seattle, WA                                |
| 2017-2020 | <b>Member</b> , WAMFT Conference Planning Committee  |
| 2017      | <b>Member</b> , WAMFT Restructuring Taskforce  |
| 2016-2020 | <b>Member</b> , WAMFT Mentor Day Committee   |
| 2016-2018 | <b>Member</b> , WAMFT Finance Committee  |
| 2016-2018 | <b>Member</b> , WAMFT Legislation Committee  |
| 2016-2017 | <b>President</b> , WAMFT Board of Directors  |
| 2016      | <b>President-Elect</b> , WAMFT Board of Directors  |
| 2016      | <b>At-Large Member</b> , WAMFT Board of Directors  |
| 2015-2021 | <b>Member</b> , Curriculum and Formation Committee, School of Theology and Ministry, SU                  |
| 2008-2009 | <b>Member</b> , East Chicago Local Epidemiology and Outcomes Workgroup                                   |



## MASTER'S THESIS COMMITTEES

- 2017-2018 Alexandra Kutsor, Purdue University Calumet, *Disclosure of Sexual Assault Survivors and Feeling of Empowerment*
- 2014-2016 Natasha D. Williams, Purdue University Calumet, *African-American Acculturation as a Mediator between Childhood Disciplinary Experience and Conflict Management in Adult Romantic Relationships*

## REVIEWER

- 2017-Present *Journal of Marital and Family Therapy* (JMFT)
- 2016-2020 American Association for Marriage and Family Therapy (AAMFT) conference proposals
- 2015-2017 National Council on Family Relations (NCFR) conference proposals
- 2014-Present *International Journal for the Psychology of Religion* (IJPR)

## OTHER VOLUNTEER WORK

- 2021-2022 **Mentor**, SU BHWDI Ballmer Grant
- 2018-Present **Mentor**, AAMFT Minority Fellowship Program
- 2018 **Volunteer**, Special Olympics, Seattle, WA
- 2014-2019 **Volunteer**, Destress with Dogs, Seattle University, Seattle, WA
- 2005-2006 **Volunteer**, Mental Health Association, Santa Barbara, CA

## HONORS & AWARDS

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- 2024 Professional Poster Award, WAMFT
- 2024 Roundglass India Center's Raman Family Faculty Grant, SU
- 2022 Dean's Research Fellowship, College of Arts & Sciences, SU
- 2021-2022 Student Assistantship Award, College of Arts & Sciences, SU
- 2019-2020 Mixed Reality Simulation Grant, AAMFT
- 2019-2020 Course Development Grant, Institute for Catholic Thought and Culture, SU
- 2019 Jesuit Mission Fellow, SU
- 2018 Volunteer of the Year Award, WAMFT
- 2016 Educator of the Year Award, WAMFT
- 2016 Leadership Symposium Scholarship, AAMFT
- 2015 Dissertation Award, AAMFT
- 2015 Best New Professional Poster Award, Family Therapy Section, NCFR
- 2014 Dissertation Award Program Grant, College of Human Sciences, FSU
- 2011 Norejane Hendrickson Scholarship, FSU
- 2010 Dean's Doctoral Scholarship, FSU
- 2009 James Walters Scholarship, FSU
- 2009 Conference Scholarship, Indiana Association for Marriage and Family Therapy
- 2005 Eugene Walker Award, Outstanding Achievement in Psychology, Westmont College

- 2004 Eugene Walker Award, Outstanding Achievement in Psychology,  
Westmont College
- 2001-2005 Provost's Academic Merit Scholarship, Westmont College

## **ASSOCIATION MEMBERSHIPS**

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- American Association for Marriage and Family Therapy (member since 2008)  
Washington Association for Marriage and Family Therapy (member since 2014)  
National Council on Family Relations (member since 2009)  
International Family Therapy Association (member since 2010)  
Golden Key International Honor Society (member since 2011)  
Kappa Omicron Nu: National Honor Society in Human Sciences (member since 2008)  
Psi Chi: National Honor Society in Psychology (member since 2004)